

Wellness Program Consulting Services: RFP C-1845 – Pricing

Services Included	PEPM
Ochsner Whole Care Program* <ul style="list-style-type: none"> Ochsner Wellness Portal Dedicated Wellness Coordinator Health Coaching Program 	\$11.53
Access to Care <ul style="list-style-type: none"> Custom concierge service Dedicated contact, private phone line Appointments, coordination, and navigation assistance 	<i>Included</i>
Ochsner Whole Care Bundle N=316 <i>(Annual Program Investment)</i>	\$11.53 <i>(\$43,726.80)</i>
Additional Services as Requested	Per Unit Cost
Biometric Screenings*** <ul style="list-style-type: none"> Finger stick or venipuncture; provided on-site (lipid profile, glucose, blood pressure, height, weight, BMI, waist circumference. A1C – diabetics only Flu Shots 	\$48.00 \$15.00 \$26.00
Ochsner Connected Anywhere Telemedicine <ul style="list-style-type: none"> Unlimited visits 24/7 on-demand urgent care with free Rx delivery Mental health and well-being care Scheduled primary and specialty care consultations 	\$2.50/PEPM
Healthy Seminars <ul style="list-style-type: none"> Healthy Seminars can be provided on a variety of health topics. Onsite, Virtual, or Live Zoom. 	\$600
Healthy Weight Program <ul style="list-style-type: none"> Pathway to Results can be provided on a variety of health topics. Onsite, Virtual, or Live Zoom. 25 minimum participants to start a program 	\$175/participant
Individual Nutritional Counseling <ul style="list-style-type: none"> One-on-one in clinic or virtual counseling with licensed, registered dietitian 	\$150/visit
Chronic Disease Management Program**** <ul style="list-style-type: none"> Hypertension and Diabetic Patients Real-time disease management Comprehensive care team consisting of licensed clinician and health coach. Includes glucometers, test strips, and blood pressure cuffs 	One Disease State \$55/PEMPM Two Disease States \$75/PEMPM \$1,000 yearly admin fee

Portal Build and Data Migration from Previous Years	
<ul style="list-style-type: none">▪ Upload historical eligibility and biometric data files from previous years into the Ochsner Wellness Portal▪ Preserves historical data for future reporting	\$1,000/year

*Health Coaching quoted at 20% Utilization of the eligible employee population; higher utilization requires additional fee of \$300/ee/yr.

** Biometric screenings, A1C and Flu Shots are available to be billed through employee insurance without affecting annual lab work.

***PEMPM – Per Enrolled Member Per Month (must have a pre-existing diagnosis of hypertension and/or diabetes type II to be eligible for the program and only those enrolled and fully engaged are considered part of the program).

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